Age-Friendly Louisville Meeting – Social Inclusion Workgroup

Time: Tuesday, April 8, 2025, 2:00 - 3:30 PM

Location: Edison Center, 701 W Ormsby, Louisville, 40203

Attendees: Diane Curtis Clark*, Kyra Johnson, Chris Clements, Troy Burden, Sandra McGuire, Erin Cummane, Vicky Wielan, Rita Morrow, Deb Tuggle, Jessica Green, Pam Yankeelov, Justin Magnuson, Suzanne Bittenbender, Jill Bt Young,

Timothy Findley, Greg Willet, Erin Gillespie, Sophia Banks

Notetaker: Kyra Johnson

*Workgroup Facilitator

Introductions: Welcome to all our new faces

Guest Speaker: HUG Reading Initiative with Vicky W.

The HUG Reading Initiative has moved to all virtual tutoring via Zoom to allow tutors to go beyond state lines. Right now, the volunteers focus on first through third graders but primarily work with second and third graders. Every student in the program is tutored by a volunteer ranging from high school/college to older adults; They are looking for more adult volunteer tutors to be able to help even more students.

To become a volunteer, you will go through an online training and following your training, there is only a one hour per week tutoring requirement. During your 1-hour minimum tutor time, you will start the meeting with "Be the Difference" conversations, followed by two passages, one phonics focused read, one comprehension focused read.

Vicky W. and Sandra McGuire have more information if you are interested.

Louisville Co-Housing Report from Debbie and Sandra:

The idea for these developments is high-rise condos and single-family homes. There won't be garages; the goal is to have everyone park in the parking lot and walk the course back to their house. This way neighbors are more compelled to interact with one another and form a community bond.

Along the lines of forming a community, everything is structured to be team planning with no hierarchy; Neighbors will decide who does gardening, cooking, cleaning, babysitting etc. Further, everything in this co-housing plan is consent-based.

Some stats: 90% of residents in co-housing are introverts, and it is 9% cheaper to live in co-housing quarters according to a study in France. The Louisville team thinks that these stats will be comparable to Louisville co-housing.

We all seemed a bit confused and concerned by the buy-in process.

3 levels:

Explorer phase: \$103.00, Applicant phase: \$500.00, Buy in phase: 20% payment of expected home cost. All non-refundable

Residents won't know what they're paying for exactly, because the payment happens before construction or design plans ever begin. No idea of where your co-housing units will be geographically either.

Other concerns and questions AFL has:

It seems exclusionary to specific groups of people. Will it be diverse at all? Will is be handicap accessible? Will it exclude socio-economic differences?

What is AFL's part in all of this? Why do they want us to collaborate? Can we provide them with feedback?

Manual Podcast Update: N/A

Updates from Diane:

New partnership with Louisville Central Community Centers:

Al and <u>digital literacy classes</u>. Train the trainers. Commit to 6 weeks of classes to learn how to use the software and programs.

1300 West Ali Street

Learn computer skills and then train 10 other people for \$500, while receiving different certifications. Does anyone want to do that from AFL?

Two groups dealing with education and engagement, both worked together. Should we merge the two groups? Yes. Let's merge education and social inclusion.

Social Inclusion Updates:

Won't have enough time to get the banner project done during the month of May, so they're switching over to a social media campaign project for Older Americans Month.

Reaching out to schools, churches, senior centers, etc., for volunteers to send in videos to AFL. Kids will tell short stories about experiences with elderly people that stuck with them, while seniors will tell stories about how they're embracing this chapter of their lives.

The final goal is for everyone to post their videos to their social media (Instagram), tag AFL, and use a specific hashtag. Then, AFL will put everything together into one video and post it to their socials under the same hashtag.

Village Updates:

A planned meeting with Central Community Ministries in December. There have been slow communications, but Highland Community Ministries has a scheduled vote to talk about bringing the Village project on as a permanent program in the Highlands.

HCM is interested but cautious in moving forward because these types of projects aren't sustainable without funds/fundraising.

Misc.:

Alzheimer's Association and Hosparus have events coming up. Look out for flyers in your email.

Brownsboro Park is hosting a Community Easter Egg Hunt on Saturday, April 12. Hunt starts at 11:00AM.

Next Meeting:

May 13th, 2025, 2 – 3:30 PM at the Edison Center, 701 W Ormsby, Louisville, KY.