



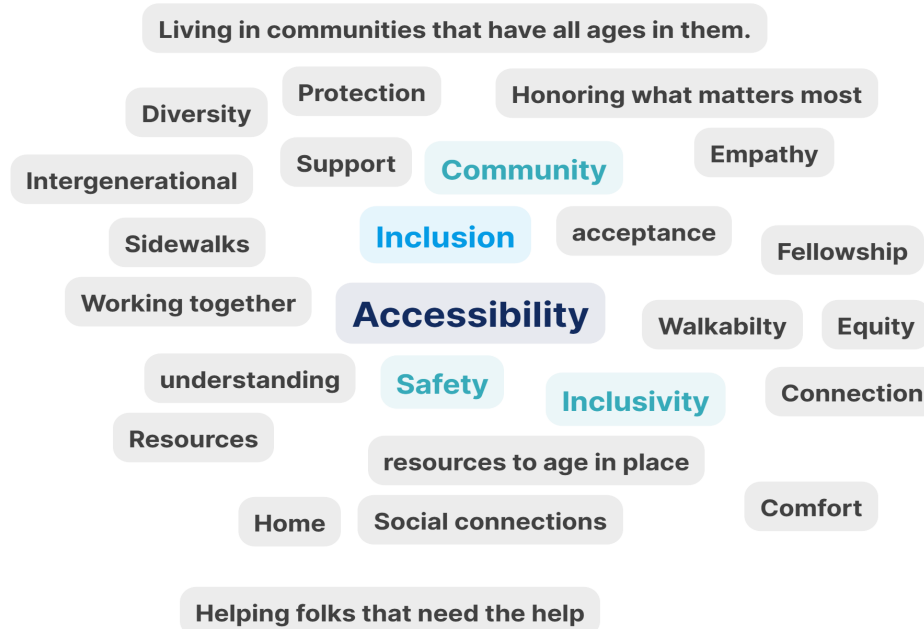
AGE-FRIENDLY
LOUISVILLE

Welcome to the Strategic Plan Kickoff!



What makes a community age-friendly?

Wordcloud Poll 42 responses 25 participants



slido



Vision & Philosophy



Creating an accessible and inclusive city for people of all ages and abilities.



We seek to ensure that our social, health, economic, and built environments support individuals in leading lives that thrive from stroller to walker.



Deputy Mayor Nicole George

Deputy Mayor Public Health & Services

Louisville Metro Government





Bill Armbruster

Senior Advisor for AARP Livable Communities
AARP Network of Age-Friendly States and
Communities Manager



Age-Friendly Communities
Are Livable for
People of All Ages
aarp.org/livable



Jarrett Haley

Executive Director KIPDA

Health and Welfare Chair of the Area
Development Districts of Kentucky





Dr. Anna Faul

Executive Director

Trager Institute



STRATEGIC PLAN KICKOFF



Dr. Anna Faul,
Executive Director
of the UofL Trager
Institute



Access to recording: <https://youtu.be/6KrTDpuK3gA>



Our History





Our Successes



Developing the New Strategic Plan



Co-Facilitator Training & Lunch



- **November 2023:** Workgroup schedules finalized for 2024.
- **December 2023:** Facilitator teams received draft action plans to guide development.

October 27th, 2023, at the AARP KY

Workgroup Kickoff Event & Breakfast



- Dignitary Speakers
- Action Plan Drafts were introduced
- Breakout sessions for community feedback and participation



January 25th, 2024, at the South Central Regional Library

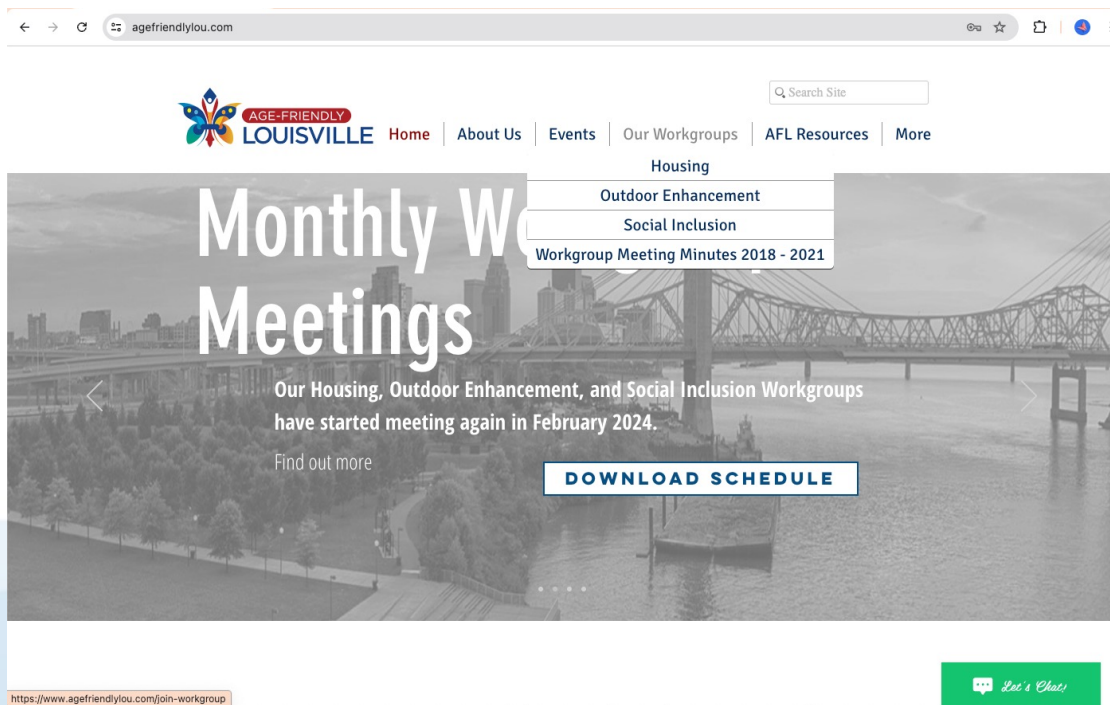


Media and Communication

- **Website** updated: resources, meeting schedules, minutes, etc.
- Monthly **newsletter** providing updates on activities to over 1,000 subscribers launched in February 2024
- Password-protected **facilitator resource library**
- **Spectrum 1 News broadcast** on AFL, promoting intergenerational outdoor enhancements in February 2024
- *East End Living* magazine's **Senior Spotlight** highlighted AFL's efforts to build inclusive communities





Website Updates



Agefriendlylou.com



The Monthly Newsletter





Overview

- [Meeting Schedule Changes in July](#)
- [Finalizing the Action Plan](#)
- [Workgroup Overview](#)
 - [Housing](#)
 - [Outdoor Enhancement](#)
 - [Social Inclusion](#)
- [Upcoming Events & Resources](#)

Contents of the message may be clipped. Click on "VIEW ENTIRE MESSAGE" on bottom of mail to see all content.

Workgroup Meeting Schedule Changes in July



Workgroup Schedule

For the upcoming future workgroups will meet at

The Edison Center
Louisville Metro Resilience and Community Services, 1st Floor

March Update: Age-Friendly

Find out about the New AFL Workgroups



2024 Age-Friendly Kickoff




On January 25th, 2024 we kicked off the domain workgroup domains and facilitator teams were introduced. Find out more about the new Age-Friendly Louisville domains by viewing the presentation.


August Update: Age-Friendly Workgroups

Find out about the New AFL Workgroups




Overview

- [Workgroup Meeting Schedule](#)
- [Strategic Plan Update](#)



October Update: Strategic Plan Kickoff - October 29th!

Find out about the AFL Workgroups' Activities!




Photo: Aaron Seibig

Overview

Kickoff Event on October 29th!

Workgroup Meeting Schedule

Housing Symposium

Workgroup Overview:

- Joint Workgroup Meeting SI & OE in November
- Outdoor Enhancement - Co-Facilitator Oct '24 - Jan '25 needed!
- Social Inclusion - Thank you, Julie Hartmann!



The Co-Facilitator Library

The screenshot shows the top of the website with the logo, navigation menu (Home, About Us, Events, Our Workgroups, AFL Resources, More), and a search bar. Below is a large banner with the text "Co-Facilitator Resources" over an image of a book and circular markers. Underneath the banner is the heading "Find General Resources, Download Files & Documents" and a paragraph: "Download the needed document by clicking on the PDF/Word icon." A list item "Checklist for 1st Domain Workgroup Meeting" is shown with a PDF icon. A green chat button labeled "Let's Chat!" is in the bottom right corner.

AGE-FRIENDLY LOUISVILLE Home | About Us | Events | Our Workgroups | **AFL Resources** | More

Q Search Site

Co-Facilitator Resources

Find General Resources, Download Files & Documents

Download the needed document by clicking on the PDF/Word icon.

- Checklist for 1st Domain Workgroup Meeting

Let's Chat!

- find and share information
- access meeting documents, articles, and resources
- password-protected page on the website



Broadcast & Magazine Article

THE SENIOR SPOTLIGHT IS PROUDLY SPONSORED BY EPISCOPAL CHURCH HOME  Episcopal Church Home

Age-Friendly Louisville: Building Inclusive Communities *from Stroller to Walker*



SPECTRUM NEWS 1
RITA MURROW
VOLUNTEER, AARP AGE FRIENDLY

Spectrum 1 News Broadcast

J Banks, Age-Friendly Louisville Coordinator
Age-Friendly Louisville (AFL) is a city-wide initiative led in partnership by Louisville Metro Government, AARP Kentucky, and the UofL. Trager Institute. AFL's mission is clear: to create an inclusive city where individuals of all ages and abilities are welcomed and supported at every stage of life. From the youngest members of our communities in strollers to those who may rely on walkers for mobility, recognizing the universal nature of aging, AFL believes that creating an age-friendly environment benefits society as a whole.
Initiatives encompass various aspects of community life, from physical infrastructure to social connections. Through "drive-by" audits during COVID and various resource guides, AFL demonstrated its commitment to fostering inclusivity and community engagement. Other endeavors resulted in policy changes and the approval of accessory dwelling units by the Metro Council. Through collaborative efforts and



comprehensive planning, AFL has successfully completed its initial five-year plan and is now gearing up for its 2024-2027 Strategic Plan. This new plan focuses on three key domains: Housing, Social Inclusion, and Outdoor Enhancement.

NEW DOMAINS
Housing is a key focus area with the aim of creating age-friendly, multigenerational communities and intergenerational connections

"Senior Spotlight" Article in *East End Living*



Event

AGE-FRIENDLY LOUISVILLE WORKGROUP SCHEDULE
All domain meetings are scheduled monthly at the Edison Center, located at Louisville Metro Resilience and Community Services, 1st Floor Conference Room, 701 W Ormsby Ave, Louisville, 40203, from 2:00 to 3:30 PM. The Housing workgroup meets on the first Wednesday of every month, the Social Inclusion workgroup meets on the second Tuesday, and the Outdoor Enhancement workgroup meets on the fourth Tuesday (subject to change).
By investing in age-friendly initiatives, AFL is not just preparing for the future - it's building a vibrant and inclusive community where individuals of all ages can lead fulfilling lives. Join AFL in this transformative journey towards a more Age-Friendly Louisville.
For further information on Age-Friendly Louisville, please visit agefriendlylouisville.com, check out our Facebook page, or reach out to us at agefriendlylouisville@gmail.com.







Caregiving is her superpower.

I'm so thrilled my Mom has settled into her memory care household at Episcopal Church Home. She has developed such a great relationship with Annie after struggling at home. Annie takes care of everything throughout the day for my Mom. It's like she's a superhero.

At ECH, Annie and the team have adopted a versatile worker model. Instead of doing just one job, such as direct care, housekeeping, or activities, each team member develops deep and meaningful relationships by doing many tasks throughout the day. It's person-centered care at its finest, where Mom can embrace freedom, choice, and purpose, with the support she needs. I'm so grateful Mom has Annie looking out for her each day.

Schedule a tour by contacting Elizabeth Pace at 502.736.8043 or by email at epace@erslife.org. Or visit episcopalchurchhome.org to learn more.

 **Episcopal Church Home**
erslife.info/echme

 Episcopal Church Home is a community of Episcopal Retirement Services, where all faiths are welcome.  

Rooms
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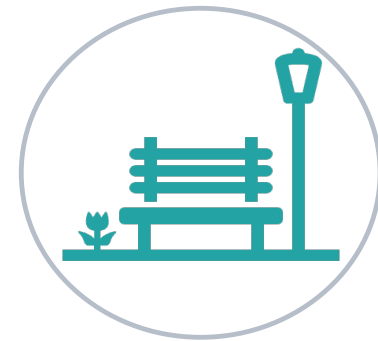


The Strategic Plan 2024 – 2027



bit.ly/AFLStratgicPlan2

The New Domains





Domain Overview

-  Housing
-  Social Inclusion
-  Outdoor Enhancement





The Social Inclusion Domain



Social Inclusion



Meet the Facilitator Team



Diane Curtis
First Hour



Dr. Julie Hartmann
Bellarmine University



Stephanie Baker
Harbor House



Social Inclusion



Meet the Advisors



Rita Morrow
AARP Kentucky



Dr. Pam Yankeelov
Trager Institute



Social Inclusion



Vision for the Domain

Louisville will have accessible, affordable, and fun social activities that emphasize intergenerational connections as well as take steps to initiate “a Village” aligned with the Village Movement.

Action Plan Overview





Goal 1: Education



Build partnerships to expand intergenerational education initiatives.

Objective 1: Create a framework for **intergenerational connections**.

- **Form a committee** to share programs.
- Connect community resources for events.

Objective 2: Enhance **learning** sessions **between generations**.

- Set up **tech tutoring** for older adults.
- Support an **intergenerational educational event**.



Goal 2: Engagement & Celebrations



Build partnerships to expand intergenerational engagement and celebrate diverse events.

Objective 1: Establish a network for sustained intergenerational programs.

- Reach out to potential partners for **collaboration**.
- **Host networking events** to foster joint projects.

Objective 2: Develop collaborative projects that bring generations together.

- **Partner** on cooking, sewing, and art **programs**.
- **Support** intergenerational **sporting events**.

Objective 3: Create a sense of community by promoting diverse events.

- **Connect with organizations** hosting intergenerational events.
- **Create a monthly schedule** of cultural experiences.



What is a “Village”?



Link to Village Clip

0:29 till “renovation” at around 1:15

<https://videos.aarp.org/detail/video/6319501800112/villages-model>



Goal 3: The Village



Promote the ‘Village Movement’ to local faith-based and community organizations, encouraging their involvement and support.

Objective 1: Collaborate with stakeholders to **create a “Village.”**

- Form a committee to plan and organize events.

Objective 2: Raise awareness and educate organizations about the **benefits of the Village Movement.**

- Create **informative materials** and sessions.
- **Identify locations** and **schedule sessions** for interested parties.
- Facilitate **networking opportunities** and discussions.



Social Inclusion: Potential Partners



Local Government & Planning: Louisville Metro Office of Resilience and Community Services, KIPDA, City government (Metro News)

Educational Institutions: Local universities/colleges (Spalding, Bellarmine, Baptist Seminary, Simmons College, JCTC, Trade Schools), Community education centers, Public schools, Public libraries, Senior centers

Social & Community Service Providers: AARP Kentucky, UofL Trager Institute, ElderServe, Thrive Center, Area Community Ministries, JFCS, Family Resource Centers, TARC, Harbor House

Youth & Intergenerational Organizations: Boys and Girls Club, YMCA, Junior Achievement, Faith-based youth groups, Religious organizations, Scouts, ELKs, American Legion, VFW, Kosair for Kids, Youth sports leagues

Social Service Providers & Nonprofits: Jencare, Centerwell, Anthem, Aetna, PACE, Oak Street Health, Goodwill Industries, Refugee/Immigrant services (Catholic Charities, KRM, IRC), Health providers, Veterans groups, Rehabilitation centers, DAIL, Dare to Care, Area Agency on Aging

Arts & Cultural Organizations: Local museums (Platinum Collective, Kentucky African American Heritage Center, Molo Village), Arts spaces, Cultural activity spaces (Game Club, Life Skills)

Senior & Living Facilities: Kentucky Senior Living Association, Independent living (Community Towers, Dosker Manor), Adult Day Care Centers

Faith-Based & Community Outreach: Local churches, Louisville Urban League, VFW, American Legion, ELKs, Mosques, Refugee/immigrant agencies

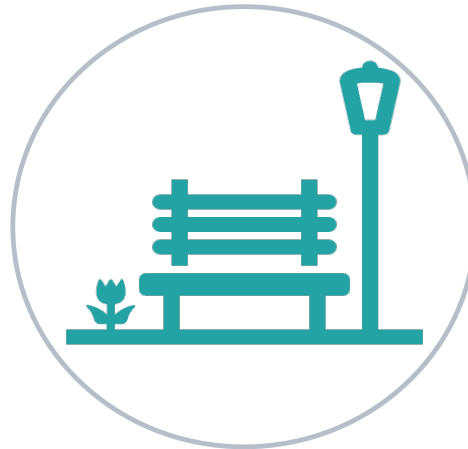
Media & Outreach Partners: LouToday, Local news outlets, Louisville Tourism, KAVA, 502, Greater Louisville Inc.



Social Inclusion: Engagement



- What part of the SI action plan did you relate to?
- What other partners could the workgroup engage with to achieve the goals?
- What additional questions or thoughts do you have?



The Outdoor Enhancement Domain



Outdoor Enhancement



Meet the Facilitator Team



Alli Woosley
Louisville Metro



Becky Peak
Mayor of Plantation



Outdoor Enhancement



Meet the Advisors



Jessica Elkin
KIPDA



Sarah Teeters
Louisville Metro



Beth Mathis
KIPDA



Outdoor Enhancement



Vision for the Domain

Louisville will have more inclusive, accessible spaces that promote safety, engagement, and well-being for all ages. This includes enhancing green areas with access, seating, and accommodations to support inclusive community gatherings. The focus on beautification will foster welcoming, enjoyable environments.

Action Plan Overview





Goal 1: Walkability



Enhance walkability and accessibility in targeted Louisville area(s)

Objective 1: Coordinate/perform 2 walk audits per year in identified suburban and urban areas.

- Review **Vision Zero pedestrian data**.
- Review data **every 6 months** to identify sites of concern
- Plan at least **6 walk audits** at the pre-selected areas (3 by recommendation).



Goal 2: Beautification



Advocate for beautification to improve pedestrian and vehicular use and boost neighborhood safety.

Objective 1: Beautify parks and senior sites.

- **Partner** with site directors and community volunteers.
- Plan and **host an event** to enhance safety and appearance.

Objective 2: Clean up high-traffic neighborhoods.

- **Identify** suitable areas.
- Plan and host **three cleanup events**.



Goal 3: Usability of Public Spaces



Improve the overall Experience and Usability of Public Spaces.

Objective 1: Meet with local venue representatives to discuss accessibility.

- **Identify** event venues and meeting spaces across the city.
- Conduct face-to-face **meetings** with venues/meeting space **staff to discuss accessibility.**
- Strengthen **partnerships.**
- **Recommend improvements** that enhance actions #1 to 3.



Outdoor Enhancement: Potential Partners



Government and Public Services

LMG Public Works, Public Health, KIPDA, TARC, KYTC, LMPD, Metro Council, Metro Parks & Recreation, OSHN (Office for Safe and Healthy Neighborhoods), Jefferson County Clerk (Voting).

Accessibility and Advocacy

TAAC, CAL (Center for Accessible Living), The Commission, TRIAD.

Community and Volunteer Organizations

Youth Scouting, Community Volunteer Groups, AARP, AmeriCorps Seniors, School Groups, Brightside.

Arts, Culture, and Tourism

YUM Center, Actors Theatre, DWP (Downtown Partnership), Waterfront Development, Expo Center, Louisville Tourism.

Transportation

ZTrips, Other Transportation Services.



Outdoor Enhancement: Engagement



- What part of the SI action plan did you relate to?
- What other partners could the workgroup engage with to achieve the goals?
- What additional questions or thoughts do you have?



The Housing Domain



Housing



Meet the Facilitator Team



Tanya Sallee
AARP Volunteer



Dr. Eziamara Oguibe-Sheperd
Caringheart Therapy



Housing



Meet the Advisors



Barbara Gordon
Trager Institute



Tihisha Rawlins
AARP Kentucky



Housing

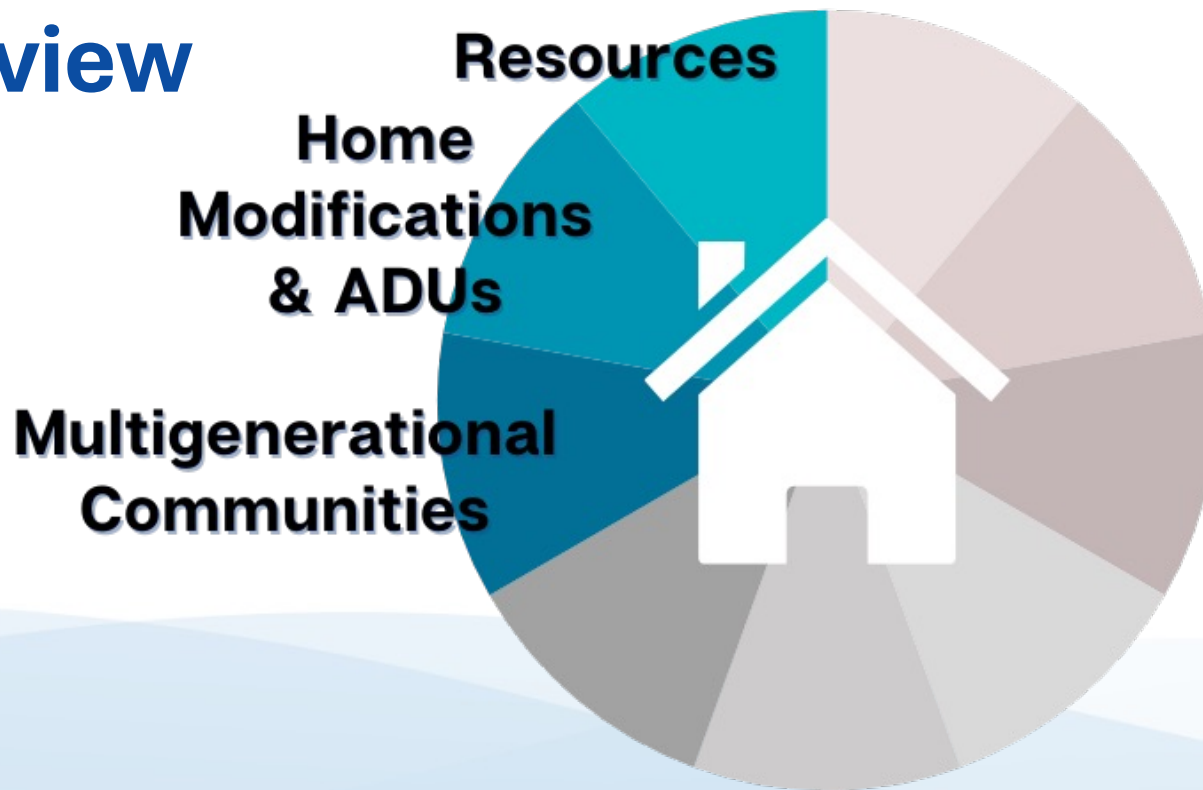


Vision for the Domain

Louisville will have more accessible and obtainable housing options with sufficient maintenance resources to encourage aging-in-place for all residents.



Action Plan Overview





Goal 1: Multigenerational Communities



Increase awareness of age-friendly, multigenerational communities through data and policy advocacy.

Objective 1: Analyze accessible housing and financial metrics.

- Collect data
- Analyze demographic trends
- Review policies for Fair Housing Act compliance
- Annual assessments

Objective 2: Advocate for age-friendly housing policies in new construction.

- Work with officials and encourage developers
- Advocate in future community development plans



Goal 2: Home Modifications & ADUs



Raise awareness of affordable home modifications and ADUs.

Objective 1: Identify funding for home modifications.

- Research and list funding options for home repairs/modifications.
- Attend events to educate the community on multigenerational living and Age-Friendly housing.
- Identify partners, including nonprofits and housing agencies, for funding and grant opportunities.

Objective 2: Access resources for ADUs.

- Research and create an ADU guide for Age-Friendly housing.



Housing – What is an ADU?



Link to ADU clip

<https://youtu.be/NRVYHgCOjc4?si=tyl7I0Ra5065f-bO>



Goal 3: Resources



Increase awareness of aging-in-place resources.

Objective 1: Build a local resource storehouse.

- Update the existing resource list.
- Find ways to distribute printed materials.
- Partner with organizations to share the resource list.

Objective 2: Plan and attend outreach events.

- Participate in and organize events using faith-based and student networks.
- Work with local leaders to sustain support.
- Partner with universities for program evaluation.



Housing: Potential Partners



Government and Public Services: KIPDA, Local Government and Elected Officials, Local Housing Departments, State Housing Agencies, HUD Field Offices, Government Agencies

Nonprofits, Community, and Volunteer Organizations: AARP, Elder Care Network, Age-Friendly Leadership, Nonprofit Organizations, Community Groups, United Way, Community Services, Community Development Corporations, New Directions Housing Corporation - Repair Affair

Businesses and Financial Institutions: Construction Companies and Developers, Senior Real Estate Specialists, Private Investors or Venture Capital Firms, Financial Institutions, Remodeling Companies (Including CAPS Consultants), Moving and Relocation Companies, Funded Housing Organizations, Philanthropic Foundations

Health, Accessibility, and Advocacy: Center for Accessible Living, Health and Social Services, Alee Solutions

Academic and Educational Institutions: Academic Institutions (Schools, Universities, Trade Schools), Research Institutes, Libraries, Local Libraries, Junior Achievement

Faith-Based and International Organizations

Events/Partners: Trager Optimal Aging Conference, Louisville Senior Health, TRIAD, and Wellness Expo, Fan Fair, Senior Expo KY, Resource Fairs



Housing: Engagement



- What part of the Housing action plan did you relate to?
- What other partners could the workgroup engage with to achieve the goals?
- What additional questions or thoughts do you have?

Signup for the AFL Mailing List



SCAN TO
RECEIVE
UPDATES!

agefriendlylou.com/mail-list
bit.ly/AFLMailingList

Domain Workgroup Meetings



Housing

1st Wednesday
2 – 3:30 PM



Social Inclusion

2nd Tuesday
2 – 3:30 PM



Outdoor Enhancement

4th Tuesday
2 – 3:30 PM



The Edison Center

Louisville Metro Resilience and Community Services (RCS), 1st Floor Conference Room, 701
W Ormsby Ave., Louisville, KY 40203

Workgroup Meetings November



Housing

Wednesday, November 6th
2 – 3:30 PM



&



Social Inclusion & Outdoor Enhancement

Tuesday, November 12th
2 – 3:30 PM



The Edison Center

Louisville Metro Resilience and Community Services (RCS), 1st Floor Conference Room, 701
W Ormsby Ave., Louisville, KY 40203

Domain Workgroup Sign-Up



SCAN TO
JOIN A
WORKGROUP!

bit.ly/VolunteerAFL



AGE-FRIENDLY

LOUISVILLE

Thank you!